## On Saturday 5<sup>th</sup> May 2018 Jason Nelson aka 'The Kilted Rogue Runner' will be tackling the Lake Argyle 20km solo swim









The clean freshwater of the lake awaits him....no sharks, bluebottle jellyfish, ocean rips or chafing, just a very pleasant 22 - 26 degrees in 980 square kilometres of lake....oh and about 35,000 fresh water crocodiles!!!



By completing the swim I'll be attempting to raise \$20,000 for Sirens of Silence Charity Inc. who do amazing work to help emergency service workers and their families affected by mental illness. <a href="http://www.sirensofsilence.org.au/">http://www.sirensofsilence.org.au/</a>



Jason is s a former Police Officer, and a suicide survivor who lives with Depression, Anxiety and PTSD Find out more about Jason here: <a href="https://www.facebook.com/nosajnoslen/">https://www.facebook.com/nosajnoslen/</a>
To contact Jason Mobile: 0450909897 Email: TheKiltedRogueRunner@outlook.com

Please join our other local business partners by helping Sirens of Silence support the event which includes: swim gear, travel, accommodation, support boat and skipper.

In return YOUR logo will be placed on swimming gear, towels, t-shirts and caps for the team; as well as promoting your kind support via social media leading up to, during and post event.









