



SPONSOR A \$30 SOUL CHRISTMAS HAMPER

www.soulcafe.org.au

The Christmas and New Year period is challenging for those dealing with issues of homelessness and family breakdown due to mental health and substance abuse. Many of the guests at Soul Café live separated from family members and there is much anxiety related to this grief. To help them through this period and as needs continue to increase we are asking that you would consider helping us to help those in need.

\$30 purchases a Hamper that contains \$65 worth of Christmas Goodies!

Each Christmas Hamper contains:

- o Plumrose Tinned Leg Ham 450g
- o Susan Day Light Fruit Cake 800g
- o Big Sister Christmas Pudding 400g
- o Foster Clark's UHT Custard 500ml
- o IXL Strawberry Jam 250g
- o Qugu Tinned Peaches 825g
- o SPC Tinned Spaghetti 420g
- o Leggo's Tuna Bake 500g
- o Edgell Tinned Mixed Vegetables 420g
- o Edgell Tinned Corn Kernels 420g
- o Leggo's Bolognaise Sauce 500g
- o Pandi Sweet Biscuits 150g
- o Allen's Jellicons 2x170g
- o Dilmah Extra Strength Tea Bags 50's 200g
- o Aeroplane Raspberry/Strawberry Jelly 85g
- o Seakist Can Tuna in Springwater 425g
- o Barilla Spaghetti Pasta 500g
- o Mi Goreng Instant Noodles 4x91g
- o Sanitarium Weet-Bix 575g

[Join Soul & sponsor a Hamper today!!](#)



christmas with soul



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