

REGISTER AND RUN FOR ECCT Sunday 12 October, Melbourne Marathon 2014

RUN AND SUPPORT MARGINALIZED CANCER PATIENTS IN ZIMBABWE

Melbourne Marathon 2014 will be held on Sunday 12 October 2014.

We are running for one objective - to support marginalized cancer patients in Zimbabwe. The cost of cancer treatment is extremely high for those who are marginalized, with e.g. chemotherapy costing \$100/session and Dr's visits \$60/consult when this is often more than an income earner's salary per month.

We are supporting four patients/their families who live in Hatcliffe. You can view the patients' stories on our website on this link:

www.elizabethchanakiracancertrust.com/whatwedo



WHAT IS THE ELIZABETH CHANAKIRA CANCER TRUST?

The Elizabeth Chanakira Cancer Trust was founded in Zimbabwe in May 2011 by Teurai Chanakira after her mother (Elizabeth Chanakira) lost her 7-year battle to cancer in December 2010. It was birthed after the Founder realised how difficult it was for patients and in particular, marginalized patients in the country to afford treatment - and the fact that cancer is the leading cause of death in Zimbabwe, as confirmed by the Zimbabwe National Cancer Registry.

The ECCT launched the Sponsor a Cancer Patient Campaign in 2013, which sees it supporting four marginalized cancer patients who are struggling to make ends meet. Through the campaign, the ECCT is supporting the patients with basic treatment costs, education for one school child per family and nutrition. From October 2012 to May 2013, for example, Probrands Foods Zimbabwe provided monthly food hampers. In 2014, we also want to start assisting the patients with sustainable projects so that they can look after themselves and their families. We are assisting one patient at a time to set up projects and are starting by helping Rejoice set up a chicken coop project.

TAKE ON THE CHALLENGE!

GET SPONSORED, RUN FOR ECCT AND MAKE A REAL DIFFERENCE

Get sponsored by friends and family for your run and you will not only complete an amazing challenge but you will have the opportunity to make a real difference to a patient and their family. We have provided a price list of the items that will help support patients and their families.

We are asking for up to a target of **\$1500** but you can raise more if you wish to do so.

You can choose how you would like to support each family by choosing from the options below:



PATIENT	NEED	COST
Sarah Maramba \$240 + \$270 Total=\$510	Nutrition (for 9 months) Medical consult (approximately 4 required for the year)	\$30/month \$60/consult
Rejoice Chiguvare \$270 + \$1000 + \$240 Total=\$1510	Nutrition (for 9 months) Chicken coop project Medical consult (approximately 4 required for the year)	\$30/month \$1000 \$60/consult
Virimayi Sarayi \$270 + \$60 + \$240 Total=\$570	Nutrition (for 9 months) School fees payment for sister Tanyaradzwa Medical needs after operation (approximately 4 required for the year)	\$30/month \$30/term (2 terms left) \$60/consult
Sipilele Kachepa \$270 + \$160 + \$240 Total=\$670	Nutrition School fees payment for son Medical consult (approximately 4 required for the year)	\$30/month \$80/term (2 terms left) \$60/consult

Please let us know your choices when you contact the ECCT Team.

***Please note** that the ECCT has Frontcomm Accounting Services as its official accountants and is independently audited by Franlink Consultants, Harare, Zimbabwe.

PREPARATIONS

Please register for your chosen race on the Melbourne Marathon website. There are options as to which race you would like to participate in: 5km run/walk, 10km run and the half marathon (21km). There is a fee to pay and they are dependent on the race you enter:

Please see the Melbourne Marathon website including entry fees at www.melbournemarathon.com.au



REGISTER ON MYCAUSE SO PEOPLE CAN SPONSOR YOU

So that people can sponsor you, please register as a fundraiser on www.mycause.com.au

When you get to the Home page:

- ▶ Click on personal cause and follow the instructions
- ▶ The beneficiary will be Elizabeth Chanakira Cancer Trust
- ▶ You can title the page Supporting Marginalized Cancer Patients in Zimbabwe
- ▶ We are using Personal Cause because the ECCT is not yet registered as a charity in Zimbabwe

***Please note** that there is an Early Bird discount price, so the sooner you register and pay, the better.

For those of you who are new to running, we also assist by providing you with a training program which you can use to prepare yourself for the run. The program will allow you to build your endurance for the runs over several weeks.

Let us know if you are interested when you contact the ECCT Team.

There is a fundraising thermometer on the page which keeps track of your goal. People in Australia and other countries can donate with a debit/credit card. At the end of each month, the site administration asks you to nominate a bank account for the funds to be paid into. These can be paid into your account if you choose then you can transfer the money to the ECCT bank account or you can contact Teurai Chanakira so that she can give you the details of an Australian bank account to transfer it to.

For an example of a fundraising page on Mycause please see the page which the ECCT has set up for general donations: www.mycause.com.au/page/55721

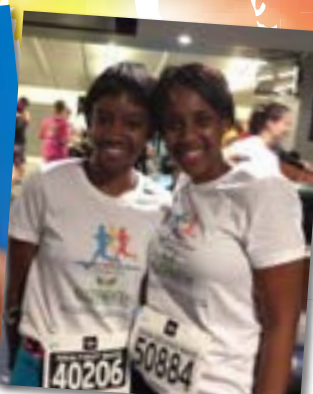


RUNNING TOGETHER

WHAT TO WEAR

Once we know how many runners are participating, we will organise ECCT branded t-shirts.

WE'D LOVE TO HEAR YOUR STORIES



By running with us, you are now part of the ECCT family. Once you have consented to participate, registered for the Melbourne Marathon and set up your page, we'd like to get the following from you:

- ▶ one relaxed, happy pic of yourself;
- ▶ a short statement of why you are walking to support marginalized cancer patients
- ▶ one challenge you feel marginalized Zimbabwean cancer patients may face.

These will be placed on our Facebook and on our blog as we advertise the runs. Local and international media may also be involved so please may we have your consent for you to be mentioned in various publications as supporting such a worthy cause.

Thank you!

Thank you for your decision to support marginalized cancer patients in Zimbabwe!!