



National Annual Deaf Bushwalk Fundraiser

**To raise and continue awareness
for Deaf Mental Health,
nation-wide.**

In 2014 Karli Health Centre (formerly Karli Deaf Health) and Deaf Bushwalking Victoria organised their first ever Deaf Bushwalk event to raise funds for research and to pave the way for better deaf mental health accessibility, education and awareness.

Karli Health has achieved a lot this year so far by starting research on deaf mental health. The Deaf Victoria team will be completing the research project and present it at "Lets Talk about Mental Health for Deaf People" conference on 16 and 17 November. Karli Health would like to continue this trend to stay on track promoting deaf mental health awareness but this time, reaching out to other states too.

We hope to have a representative in each state who can organise their own bushwalk event. Contact people's details are at the bottom of the flyer.

Melbourne Bushwalk:

15 km walk - Surf Coast Walk, Fairhaven to Anglesea

Come along to experience the natural beauty in Victoria's Surf Coast by walking on sand at the beach and smell the eucalypt forest on the cliffs with like-minded friends for a healthier body and mind. We will start on foot at Fairhaven and walk along tracks to Aireys Inlet. A bus will be provided to take participants from Anglesea to Fairhaven.

This event is supported by Deaf Victoria, DSRV, Green Door Auslan, and the Auslan Company, Deaf Victoria will receive the registrations via MYCAUSE online.

**For more information or enquiries please contact
Karli Dettman:**

SMS: 0403 922 245 (Karli)

Email: info@karlihealthcentre.com.au

Web: www.karlihealthcentre.com.au



**Sunday 18 October, 2015
(National Week of Deaf People)**

9.00 am - 3.00 pm
Surf Coast, Anglesea

Lunch will be provided by DSRV

*If you would like to stay on for dinner to celebrate, we will provide venue details.

Register by Sunday 10 October, 2015

Bushwalk training: You are welcome to join other bushwalks held once a month organised by Deaf Bushwalking Victoria.

Contact John Murray at deafbushwalkvic@hotmail.com

DEAF BUSHWALK FUNDRAISING ~ 15 KM WALK-A-THON

PERSONAL DETAILS

First name: _____ Surname: _____

Address: _____

Suburb: _____ State: _____ Postcode: _____

Mobile (sms): _____

Email: _____

How did you find out about us?

Word of Mouth Deaf Victoria Facebook Other _____

REGISTRATION DETAILS

Registration \$80.00, please donate to www.mycause.com.au/page/104848/deafmentalhealth
• 15 km bushwalk on Sunday 18 October

Please email registration forms to info@karlihealthcentre.com.au or post to:

Karli Health Centre
Suite 3, 9B Salisbury Avenue
Blackburn, Victoria, 3130

QLD Bushwalk:

Neil Wood, mobile: 0419 954 225

Other states:

Contact Karli Dettman for more information.

PAYMENT DETAILS

*I would like to register \$ _____

Deaf Victoria is proud to be the chosen organisation to accept donations from mycause to support Karli Health Centre and Deaf Bushwalking Victoria fundraising aims.

www.mycause.com.au/page/104848/deafmentalhealth

**Thank you for your interest to participate in our Deaf Bushwalk Fundraising event,
we look forward to meeting you.**

OFFICE USE ONLY

PAID IN FULL \$ _____ DEPOSIT \$ _____ BALANCE \$ _____

RECEIPT NO: _____

DATE: _____

CONFIRMATION SENT