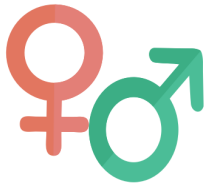


HIP DYSPLASIA

Incorrect swaddling technique can increase the risk of hip dysplasia



Hip dysplasia isn't always present at birth hence the name developmental dysplasia of the hip (DDH)



DDH affects girls > boys

1 in 20

full-term newborns have some hip instability



DDH is the most common cause of hip arthritis in adults



Risk Factors

- Breech presentations
- Family history of hip dysplasia
- Multiple births
- Foot deformities, torticollis & congenital disorders

Signs & Symptoms

'Clunk' or 'Click' when moving hip

Uneven thigh creases

Crooked buttock crease

Leg(s) difficult to spread apart

Weight off to one side in sitting

Different leg length

Avoiding weight bearing

Walking on tippy toes on one side

Limping when walking