Exchange Tower and VAULT presents in partnership with Primewest

The Exchange Tower Charity Spin

Date	Wednesday 29 th , Thursday 30 th , Friday 31 st
Time	7am to 3pm each day
Location	Exchange Tower Lobby
Presentation 4pm will include prizes for	Team covering the longest distance
	 Team burning the most calories
	 Team with the highest average individual power output
Details of the event/instructions	1. Gather a team of 6 or more of your coleagues together (maximum 16)
	 Lock in your timeslot by emailing claytonm@vaultfitness.com.au. Time slots available from 7am to 2.30pm. Time slots going fast so get in quick to lock in your preferred time.
	3. \$20 per rider which can be donated through our event donation page or as a cash donation on the day of your ride.
	 On the day all we ask is that you have fun with your work colleagues and raise funds for 2 fantastic charities
	5. Come celebrate your efforts and see if your team are prize winners
	All proceeds to be split between The Steve Waugh Foundation and Cystic Fibrosis WA Find out more about these charities at <u>https://www.cfwa.org.au</u>

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